

USDA Fresh Fruit & Vegetable Program

Ames, CASS, Nickerson, EBS,
SES, FES, SDMS & SSES

* Check sites for delivery schedule

February 2012



| Mon | Tue | Wed | Thu | Fri |
|---|---|---|---|---|
|  | | 1 Color Peppers & Cool Cucumbers | 2 | 3 Site Surprise (Sugar Out Day) |
| 6 Kiwi | 7 | 8 Broccoli Trees & Crunchy Carrots | 9  | 10 Orange Smiles |
| 13 Red Grapes | 14  Happy Valentines Day! | 15 Fruit Kabobs | 16 | 17 Crisp Apples |
| 20  | 21 | 22 | 23 | 24  |
| 27 Orange Smiles | 28 | 29 Veggie Stir Fry | * Items Subject To Change *Volunteers welcome especially on Wednesday. Contact Linda Hartkopf, School Health Coordinator at 338-1960 | |

Winter Break - Get Out & Play